

The Sultan's School PE Department

Curriculum Outline 2018-2019

Year 7-13

No of wks	Block 1 - 8weeks	Block 2 - 8 wks	Block 3 - 6wks	Block 4 - 6wks	Block 5 - 5wks	Block 6 -Ramadan	Block 7
Dates	9th Sept - 28th Oct	4th Nov - 16th Dec	6th Jan - 10th feb	17th Feb - 24th Mar	7th April - 5th May	6th May - 30th May	9th - 13th June
<b>Year 7</b>							
<b>Boys</b>	Fitness/Volleyball	Fit XC/ Games Concepts	Ath/Tag	S&F/Basketball	OAA/Badminton	Creative games	Tournaments
<b>Girls</b>	Volleyball/Fitness	Fit XC/ Games Concepts	Ath/Netball	S&F/Basketball	OAA/Badminton	Creative games	Tournaments
<b>Year 8</b>							
<b>Boys</b>	Fitness/Volleyball	Fit XC/Football	Ath/Tag	S&F/Basketball	OAA/Badminton	Creative games	Tournaments
<b>Girls</b>	Volleyball/Fitness	Fit XC/Football	Ath/Netball	S&F/Basketball	OAA/Badminton	Creative games	Tournaments
<b>Year 9</b>							
<b>Boys</b>	Fitness/Volleyball	Fit XC/Football	iGCSE PE Taster unit (Athletics)	S&F/Basketball	OAA/Badminton	Creative games	Tournaments
<b>Girls</b>	Volleyball/Fitness	Fit XC/Football		S&F/Basketball	OAA/Badminton	Creative games	Tournaments
<b>IG1&amp;2</b>							
<b>Fitness</b>	Option 1/2	Option1/2	Athletics (Complusory)	Option1/2	Option1/2	Tournaments	Tournaments
<b>Games</b>	Option1/2	Option1/2		Option1/2	Option1/2		
					Y11 leave on	Yr 11 S.Leave	Yr 11 S.Leave
<b>IB1&amp;2</b>							
	Year 12	Year 13	Year 12	Year 13	Year 12		
						Yr 13 S.leave	Yr 13 S.leave
<b>IG YR 10</b>	Volleyball/Trampo 1	Hill Walking	Sailing/ Football +1	Sailing cont' Basketball +1	Rounders +2	Exam Prep	Y11 prep
<b>IG YR 11</b>	Sailing/Weights	Basketball/Weights	Football/	Rounders +1			

The Sultan's School PE Department

Curriculum Outline 2018-2019

Year 7-13

	<b>Volleyball</b>	<b>Training +1</b>	<b>Weights +1</b>	<b>Mod Prep'</b>	<b>Theory</b>	<b>Yr 11 Study Leave</b>	